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means that you

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certain lives do  
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we would like to  
blame people and  
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beyond our  
control, the  
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readers, and  
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more reverent,  
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learning to  
trust is one of  
life's most  
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lessons. "That's

because trust is  
not a verb,"

says legendary

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"it's a noun.

Trust is a state  
of mind and a  
state of being."

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and host of  
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fear of whether  
or not we can  
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what they  
represent erodes  
our confidence  
and undermines  
our  
relationships.  
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broken or there  
is a betrayal,  
it can bring us  
face-to-face  
with our shadow,  
revealing that  
someone has  
failed to live  
up to our  
expectations and  
thus "outs" our  
hidden beliefs.  
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for; you always  
get what you  
expect," says  
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in a cycle of

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